

## **STUDY SHEET**

For the week of 09/18/22

Genesis
(In The Beginning)
Lesson 11
"The Blessing of Rest"

1) God
2) God Wants His to
a) Sabbath simply means to or to
b) The Hebrews did not the Sabbath.
c) Rest is a from God.
3) God Has a Rest for Us

**Key Truth:** After six days of Creation - on the seventh day - God "rested" from His work. He then blessed the seventh day and made it holy. God has given mankind an example to follow and the blessing of rest!

<u>Application</u>: Take time this week to rest (to cease from activity) in order to renew and restore your body, mind, and spirit!



## **STUDY SHEET**

For the week of 10/09/22

Genesis
(In The Beginning)
Lesson 12
"Paradise" - Part I

1) God Formed a
a) No or life yet (Gen. 2:5a)
b) No and no (Gen. 2:5b)
c) God used to water the land (Gen. 2:6)
d) God forms a from (Gen. 2:7)

**Key Truth:** When God created man - He formed him from the dust of the ground and then breathed a spirit into him so that he would become a living being.

<u>Application</u>: Take time this week to consider both your temporariness on this earth - and your eternal life in heaven and praise God for both!